



NEWS TO REVIEW:

Long Track Schedule

Short Track Start Date

SSC Open House

Call for Volunteers

Competition Schedule

Hello HRSSC Families,

Well 2022 has certainly kept us on our toes, and thankfully on our blades too as we have been enjoying some great Long Track speed skating at the Oval together. A few storms are not going to slow us down - well, maybe sometimes! 🌨️❄️

However, our great coaches and enthusiastic skaters always make it fun when we are out there.

We are grateful to hear from many of our members that this January transition time has been mostly smooth going, and those that have had some setbacks are on the mend and in good spirits.

Thank You to everyone for your patience and support as we try to continue our programs in keeping with current Public Health guidelines.

Please take a few minutes to catch up on our HRSSC News.



HRSSC 2021-22 CALENDAR

LONG TRACK WINTER SEASON

Our LONG TRACK season tucked in a few sessions in December - THANK YOU to our Advanced skaters/Junior Coaches. January has zoomed by 😊 and **we are set to go for February and into March.** Thank You coaches and volunteer parents. We are hopeful we may be able to host a couple of **Special Events**. Please read below for more details.

Our **LONG TRACK SCHEDULE** continues as posted:

	HRSSC	LONG TRACK	WINTER 2022	Jan-Mar Fee
INTRODUCTION TO SKATING	SATURDAY	10:15-10:45am		\$20
FUNDAMENTALS	WEDNESDAY	5:00-6:00PM	with SHORT BLADES	\$35
	SATURDAY	10:00-11:00AM		
SHORT BLADES	WEDNESDAY	5:00-6:00PM	with FUNDAMENTALS	\$50
	FRIDAY	5:00-6:00PM		
	SATURDAY	10:00-11:00AM		
LONG BLADES	TUESDAY	5:00-6:00PM	WARM UP 4:30-4:50PM	\$75
	SATURDAY	8:30-10:00AM	WARM UP 8:00-8:20AM	
	SUNDAY	9:00-10:30AM	WARM UP 8:30-8:50AM with ADVANCED	
ADVANCED	TUESDAY	7:00-8:00AM	WARM UP 6:30-6:50AM	\$100
	THURSDAY	7:00-8:00AM	WARM UP 6:30-6:50AM	
	SATURDAY	8:30-10:00AM	WARM UP 8:00-8:20AM	
	SUNDAY	9:00-10:30AM	WARM UP 8:30-8:50AM with LONG BLADES	

SHORT TRACK WINTER SEASON

Our LONG TRACK season is combined with our SHORT TRACK season at St. Margaret's Centre during February and early March.

While we are disappointed the current restrictions in sport have made it challenging to start our Short Track program as originally scheduled in January, **we are excited to offer a 6-week program from 15 February - 29 March.** There is still a lot of great speed skating ahead.

Our SHORT TRACK season has been revised to start on

****TUESDAY 15 FEBRUARY 2022 7:00 - 9:30pm****

TUESDAY EVENINGS in February

TUESDAYS and SATURDAYS in March

****No practices during March Break : Tuesday 15 & Saturday 19 March****



SPEED SKATING CANADA NATIONAL OPEN HOUSE

Speed Skating Canada is sponsoring **National Open House events across the country during the Olympics from February 4 - 22**. We have received funding to **host a local HRSSC event**. Plans include a tentative inter-club Open House at the Oval on Sunday 13 February, possibly an arena based event and/or virtual activities.



📢 To make this happen, **we need 2-3 club members to volunteer to organize our event(s)**. SSC has also provided a series of online resources to assist in planning and hosting an Open House. Let us know if you can help make this happen for our HRSSC community and spread the word about our great club and the sport of speed skating. Email: hfxspeedskating@gmail.com



WINTER 2022 COMPETITION SCHEDULE (revised 25 January 2022)

With ongoing changes to Return to Sport and Competition plans both provincially and nationally, there have been a number of changes to the Winter 2022 Competition schedule.

REGIONAL LONG TRACK

SSNS ATLANTIC LONG TRACK CHAMPIONSHIPS (Abilities Meet & NS Qualifying event for CYLTC)

Halifax Emera Oval

29-30 January 2022 - CANCELLED due to NS Public Health and Sport guidelines

19-20 February 2022 - TENTATIVE RESCHEDULED DATE **CALL FOR VOLUNTEERS** 

SSC-CANADA YOUTH LONG TRACK CHAMPIONSHIP (National Youth Competition, hosted by SSNS)

Halifax Emera Oval

*19-20 February 2022 - CANCELLED BY SSC due to current cross Canada PTSO and Public Health guidelines

SPEEDY KIDS OVAL MELTDOWN

26-27 February 2022 - AS SCHEDULED (date and format dependent on current guidelines)

 **The SSNS ATLANTIC LONG TRACK CHAMPIONSHIP is renewing its call for volunteer members from each participating SSNS club to be represented.

In addition to officials and assistance during the event, we need a couple of key lead roles to be filled. There are previous organizing committee members willing to mentor in the roles of Meet Coordinator (or two Co-Coordinators); Registrar; Hospitality and Facilities Management among others.

PLEASE LET US KNOW WHAT YOU CAN DO TO ASSIST IN MAKING THIS EVENT HAPPEN FOR OUR SKATERS. **CONTACT:** info@speedskatens.ca

REGIONAL SHORT TRACK

St. Croix Blades - St. Andrews, NB

15 January - POSTPONED 19 February

Codiac Cyclones - Dieppe, NB

5-6 February - CANCELLED

Dartmouth Sprints - Dartmouth, NS

5 March

Hampton, NB - TBC

19 March

NATIONAL EVENTS

Canada Youth LT Championship

Halifax, NS

19-20 February - CANCELLED

LT Canada Cup #3

Winnipeg, MB

11-13 February - POSTPONED

new location & date

Calgary, AB

11-13 March

LT Canada Cup #4

Calgary, AB

17-20 March

Canada Youth ST Championship

Sherbrooke, QC

26-27 March